

## October 2013

# Other Useful VR Resources for Customers

- Becoming a <u>VR</u>Customer
- VR Service Eligibility
- What Services are Available?
- Are ServicesConfidential?
- Applying for VR Services
- Getting Started
- What is an <u>Employment Plan</u>
- What is the <u>Client</u>
   <u>Assistance Program</u>
   (CAP)?
- What are <u>VR Customer</u> Responsibilities?
- Transition Planning for Youth with Disabilities

# Participating in the 5 Steps to SelfEmployment

- 5 Step <u>Program</u> Overview
- Step 1, Self-Assessment
- Step 2, Business Idea
- Step 3, Cost & Income Forecasting
- <u>Step 4</u>, Business Proposal
- <u>Step 5</u>, Monitoring Progress

# Facilitating VR Customer Learning in Self-Employment Sharing the Basics

For anyone thinking about going into business for themselves for the first time, there are a few useful ways to get started.

#### Who Am I?

Because going into business represents a significant commitment of time and money, it is best to begin with an inventory of inherent strengths and how they align with career paths...

- Aligning Strengths to Careers: Discover the <u>Jung Typology</u> Exercise™ and what it means
- 2. The Questionnaire: Participate in the exercise
- 3. Your Personality Profile: Learn what's important to you
- 4. <u>Career Alignment</u>: Learn what it means about careers

## What Are My Opportunities?

Information is a beautiful thing! Once there is an increased awareness around natural preferences, strengths and career interests, learn more about what's going on in that field...

- Traditional Employment: Visit the U.S. Department of Labor <u>Occupational Outlook Handbook (OOH)</u> for a wealth of information about thousands of career paths.
- 2. Self-Employment: Conduct a <u>search</u> across the Internet to learn who is doing what in that area of business.

# What are My Support Networks?

There is strength in numbers. Make a list of who you currently know...

- 1. A spouse, family members, friends, neighbors, colleagues
- 2. Community service representatives, such as <u>Vocational</u> <u>Rehabilitation</u>, <u>SNHS</u> and <u>Community Bridges</u>
- Think about self-employment resources, such as no-cost <u>Counseling agencies</u>, <u>Trade Associations</u> and <u>Chambers of</u> <u>Commerce</u>

#### If Not You, Who?

Planning without action is a waste of time. Armed with a better sense of who you are, what your opportunities are and who you know, it's time to take action...

- 1. Who knows more about what you want to know?
- 2. How can you connect with them to learn more?
- 3. What do you want to ask them?

As a VR Counselor, facilitating VR Customers through the above activities offers additional insight into supporting their vocational objectives.

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